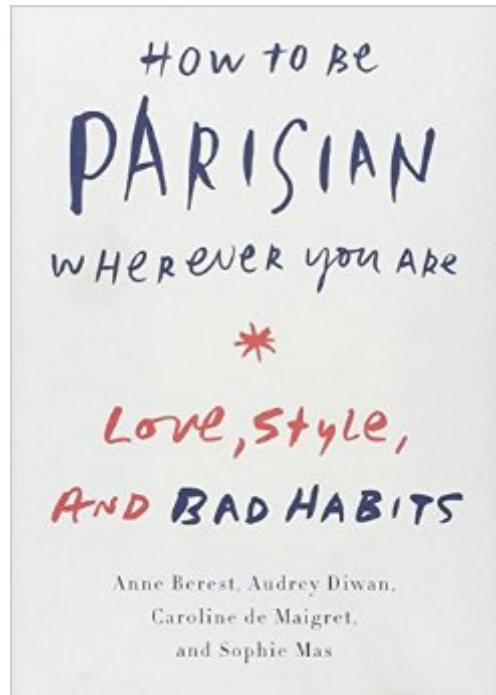


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How To Be Parisian Wherever You Are: Love, Style, And Bad Habits



Synopsis

From four stunning and accomplished French women -- at last -- a fresh and spirited take on what it really means to be a Parisienne: how they dress, entertain, have fun and attempt to behave themselves. In short, frisky sections, these Parisian women give you their very original views on style, beauty, culture, attitude and men. The authors--Anne Berest, Audrey Diwan, Caroline de Maigret, and Sophie Mas -- unmarried but attached, with children -- have been friends for years. Talented bohemian iconoclasts with careers in the worlds of music, film, fashion and publishing, they are untypically frank and outspoken as they debunk the myths about what it means to be a French woman today. Letting you in on their secrets and flaws, they also make fun of their complicated, often contradictory feelings and behavior. They admit to being snobs, a bit self-centered, unpredictable but not unreliable. Bossy and opinionated, they are also tender and romantic. You will be taken on a first date, to a party, to some favorite haunts in Paris, to the countryside, and to one of their dinners at home with recipes even you could do -- but to be out with them is to be in for some mischief and surprises. They will tell you how to be mysterious and sensual, look natural, make your boyfriend jealous, and how they feel about children, weddings and going to the gym. And they will share their address book in Paris for where to go: At the End of the Night, for A Birthday, for a Smart Date, A Hangover, for Vintage Finds and much more. How to Be Parisian Wherever You Are will make you laugh as you slip into their shoes to become bold and free and tap into your inner cool.

Book Information

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Customer Reviews

I live in NYC where there's a lovesick affair with all things French -- I mean, there are buildings here named "The Left Bank". Walking thru the West Village? you hear just as many French convos as you do English. Every editor espouses "Get that French It-Girl look!". Heck, Isabel Marant is a worshipped idol with an altar on Broome Street. So when this book came my way, I just had to take a closer look. In short, it won't **teach** you how to be Parisian, but it will help you **understand** the Parisian. You can flip to any page and start reading, 'cause it's a mishmosh of :40% bullet-point "list-icles" of Parisian aphorisms, do's + don'ts30% filler photography by one of the authors20% inner monologues that show Parisienne's thought processes on life10% filler artwork (gotta fill up more space!)The tone is informative, yet intentionally self-deprecating, 'cause, like, "let's not turn off the American audience with our snobbisms and superiority complex! After all, we need to sell books!" This makes the book engaging and easy to read at first.

Chapter 1: The Basics-Aphorisms: "make it look easy", "always be f*ckable", "be own your knight in shining armor"-Fashion No-No's: "wearing too much makeup", "sweatpants", "Ugg boots"-Mannerisms, Faux Pas, Famous Parisiennes

In essence, the Parisienne doesn't want to look primed 'n polished. She's naturally confident, having grown up with an excellent French education that has cultivated her in philosophy, arts, literature, and good taste. This is key--- she has so much substance that she knows she's worth it. No need to prove it with designer logos or bling. She's selfish in a good way, which can read as snobbish to Americans.

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How to Be Parisian Wherever You Are: Love, Style, and Bad Habits

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Habits: How to Develop Strong, Positive Habits Into Your Life for Long Lasting Change (Habits, Daily Routines, Exercise Habits, Habit Stacking, Mindset)

Bad Breath: Remedies for Life - How to Prevent Halitosis, Bad Breath Causes, Cures and Treatments (Bad Smell and Mouth Smell - How to Cure Bad Breath Book 1)

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